

## Ten simple ways to make the world a better place!

1. Start living green to reduce your carbon footprint
2. Walk, bike or use public transportation to get to your destination instead of driving your car
3. Take a break from work and go outside
4. Make it a habit to smile more often
5. Spend more time with someone from a different generation
6. Support local products and shop local as much as possible
7. Lend a helping hand if you're able
8. Write to someone who inspired you
9. Reach out and hug someone you care for each day
10. Share your knowledge and life experience with people you've never met

